



Spend Time with Our Lord in
Eucharistic Adoration

Every Wednesday 9:00 am - 1:00 pm

During Eucharistic Adoration THINK of our LORD speaking to you and saying...

You do not have to be clever to please me; all you have to do is want to love me. Just speak to me as you would to anyone of whom you are very fond.

Are there any people you want to pray for? Say their names to me and ask of me as much as you like. I am generous and know all their needs. But I want you to show your love for them and me by trusting me to do what I know is best.

Tell me about the poor, the sick, and the sinners, and if you have lost the friendship or affection of anyone, tell me about that, too.

Is there anything you want for your soul? If you like, you can write out a list of all your needs, and come and read it to me.

Just tell me about your pride, your touchiness, self-centeredness, meanness and laziness. Do not be ashamed; there are many saints in heaven who had the same faults as you; they prayed to me, and little by little, their faults were corrected.

Do not hesitate to ask me for blessings for the body and mind; for health, memory, success. I can give everything, and I always do everything needed to make souls holier.

What is it you want today: Tell me, for I long to do you good. What are your plans? Tell me about them. Is there anyone you want to please? What do you want to do for them?

And don't you want to do anything for me? Don't you want to do a little good for the souls of your friends who perhaps have forgotten me? Tell me about your failures, and I will show you the cause of them. What are your worries? Who caused you pain? Tell me all about it, and add that you will forgive and forget, and I will bless you.

Are you afraid of anything? Have you any tormenting, unreasonable fears? Trust yourself to me. I am here. I see everything. I will not leave you.

Have you no joys to tell me about? Why do you not share your happiness with me? Tell me what happened since yesterday to cheer and comfort you. Whatever it was, however big, however small, I prepared it. Show me your gratitude and thank me.

Are you determined to run into no temptations? Have you made up your mind about bad books and bad friendships? They disturb the peace of your soul. Are you going to be kind to that one who has hurt you?

Well, go along now. Get on back with your work. Try and be quieter, humbler, more submissive, kinder; and come back soon and bring me a more devoted heart. Tomorrow I shall have more blessings for you.

St. Alphonsus Liguori