



Saint Teresa of Avila Catholic Church

Lent 2019 Newsletter

VOLUME 13 ISSUE 1

God's Grace and God's Calling During Lent

by Fr. Edward Smith

Lent always seems to catch us suddenly, so soon after Christmas. And this year we need Lent more than ever, because in so many ways our world seems to have gone haywire. ***If we want to change the world, we must begin with improving ourselves, which ultimately only occurs with God's grace.***

How do we go about it? Below are some suggestions, which could perhaps even extend beyond Lent and become lasting habits:

1. Attend Mass several days a week, either arriving early or staying late to pray for your special intentions before the Blessed Sacrament, Who will listen as you speak to Him from your heart.
2. Pray the Rosary daily on your way to or from work, offering particularly the Sorrowful Mysteries for your sins, and those of our society (such as the sin of abortion).
3. Sacrifice one meal a day for religious liberty in our country and also for Christians suffering persecution in the Middle East.
4. Talk to one or two friends about becoming Catholic, and to one or two lukewarm or fallen-away Catholics, about going to Confession or returning to the Church – and back up your initiative with prayer.
5. Consider making a general confession during Lent – not out of scruples over past confessions but as a means of spiritual growth. You will feel like a new person, ready to win the world for the Lord.
6. Make a special effort to ask your spouse about how you can better help him/her, and do the same with your children.
7. Give up television and/or all movies for Lent, and instead read the scriptures or a spiritual book.
8. Make a generous donation – one that hurts – to your parish, food bank, homeless shelter, or pro-life pregnancy center.
9. Reconcile with relatives or estranged/former friends, or at least make the attempt.
10. Pray the Stations of the Cross once a week, in any forms you choose, whether praying them at Church or privately at home. Pick up a guide to the Stations by such “spiritual giants” as St. Josemaria Escriva, or Pope St. John Paul II, or Pope Benedict XVI, or Blessed John Henry Cardinal Newman.

And pay attention in prayer: you may just hear God calling you to still other paths He would like you to follow.

Rev. Edward J. Smith

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Ash Wednesday

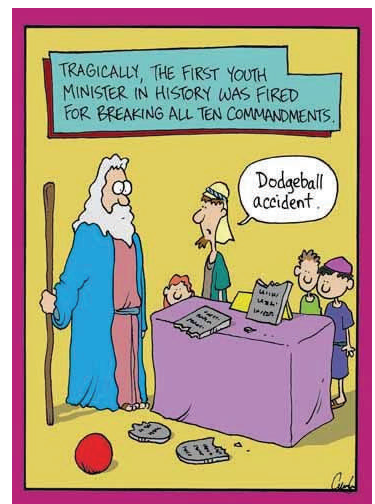
March 6, 2019

Mass with Ashes

8:30 a.m.

Ash Distribution only

Noon



Why Become an Altar Server ?

Pope Francis, August 4, 2015 to 9,000 Altar Servers in Rome

The theme of the gathering was "Here I am! Send me" from the prophet Isaiah.

"You are more fortunate today than the prophet Isaiah," Pope Francis told the youths. In the Eucharist, **Jesus is not "placed on an inaccessible high throne, but in the bread and wine."**

Serving at the altar, the pope told the young people, is a privileged way to draw closer to Jesus, which in turn "enables you to

open yourselves to others, to journey together, to set demanding goals and to find the strength to achieve them."

"The closer you are to the altar," he told them, "the more you will remember to speak with Jesus in daily prayer; the more you will be nourished by the word and the body of the Lord, the better able you will be to go out to others, bringing them the gift that you have received, giving in turn with enthusiasm the joy you have received.

Parents, talk to your children about becoming an Altar Server.

Mardi Gras Party — March 2, 2019

Delicious Authentic Menu!

Gumbo
Shrimp Creole
Jambalaya
Roast Chicken
Red Beans & Rice
Cornbread
Dessert
Southern Cole Slaw
Beer
Pop/Water

Tickets Just \$25.00 each!

Presale only in the church office.
Call 440-934-4227

Doors open at 5:30 p.m.

Dinner at 6:00 p.m.

Music at 7:00 p.m.



**Fun, Great Food, Live Music,
and Raffles!**

Join us for a great evening!

For just \$25.00 you will receive an all-you-can-eat buffet of authentic New Orleans Mardi Gras food, beer/pop/water, and live music. Raffles will be held throughout the night.

Lenten Penance Service

Sunday, April 14, 2019

2:00 p.m.

St. Anthony of Padua Church



An Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Lenten Fish Fry 2019

March 8—April 19

4:30—7:00 p.m.

Parishioner donations always needed!

Baked Goods and Pop

We offer fast to-go dinners!

Phone ahead at 934-0503 and your order will be waiting for you.

Our menu is very versatile!

Perch, Shrimp, Baked Tilapia, French Fries, Macaroni and Cheese, Clam Chowder, Cabbage and Noodles, Pierogi, and Pizza

Full size dinners, half size dinners (Lite), and Kid's dinners available.

To volunteer Thursdays/Fridays or for Service Hours, e-mail Carol Yonkof at mommy49@yahoo.com.

Thank you to everyone!

Saturday Night Suppers

Our delicious, monthly suppers will continue after Easter.

Watch the church bulletin for the May date.

If you haven't come to one of our home-made meals—why not?!

Only \$10 each meal!

**MARK
DATE**
IN YOUR CALENDAR



Saturday, May 4, 2019

4:30 p.m. Mass



Sunday, April 7, 2019

10:00 a.m.

St. Anthony of Padua Church

Rev. Bishop Nelson Perez will celebrate.

Pope Francis' Prayer for Families

Jesus, Mary and Joseph, in you we contemplate the splendor of true love, to you we turn with trust. Holy Family of Nazareth, grant that our families too may be places of communion and prayer, authentic schools of the Gospel and small domestic Churches. Holy Family of Nazareth, may families never again experience violence, rejection and division: may all who have been hurt or scandalized find ready comfort and healing. Jesus, true God and true man, graciously hear our prayer. Mary and Joseph, co-operators with God's plan, pray for us. ***Amen!***

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The Book of Revelation



Perhaps no book of the bible is as fascinating and misunderstood as the Book of Revelation.

Since it was first written by a man calling himself John on the island of Patmos, this biblical writing has been at the heart of much debate by the faithful. Now it will be presented in its Catholic understanding by Father Edward Smith. Please come and be a part of the discussion, as Father Smith leads us through an investigation of this fascinating and inspiring work.

**Monday's in Lent from
February 18 to April 8 at 7:00 - 8:30 PM
St. Teresa Parish Life Center.**

Up Coming Parish Events!

Bible Study

The 1st and 3rd Thursday of each Month—Through the hearing of the Word comes faith.

Religious Formation

PSR: Tuesdays from 6–7:15 p.m. PSR is cancelled when the Sheffield Schools are closed due to bad weather.

Confirmation: Sundays at 8:30 a.m. with Mass followed by class.

Eucharistic Adoration

Wednesdays from 9 a.m.—1 p.m.
"The spiritual lives of our families are strengthened through our Holy Hour." St Pope John Paul II

Volunteer at Food Pantry

2nd, 3rd & 4th Saturday/
month

Are you looking for ways to support and become more involved in our Parish Community?

The Social Concerns Committee is always in need of a helping hand in outreach to our Parish family and the community.

The Altar & Rosary Society supports the parish in many ways and leads the rosary before Mass the 2nd Sunday of each month. All women of the Parish are welcome to join or just help.

For monthly Parish Committee meeting dates, visit our website at www.stteresaparish.com or watch the bulletin for current dates/times.